



SUNDAY, JUNE 7, 2020

10:30 A.M. | CONFEDERATION PARK

HOW TO REGISTER

Online: www.beatbeethovenkingston.com

By Phone: 613-546-9729

In Person: Runners' Choice, 56 Brock Street, Kingston

Full Name:		
Date of Birth (Month, Day, Year):	Age on January 1, 2020:	Male: <input type="checkbox"/> Female: <input type="checkbox"/>
Street:		
City, Province, Postal Code:		
Email Address:	Phone #:	
Emergency Contact:	Emergency Contact Phone #:	

ENTRY FEES Cash or cheque accepted. All entry fees are non-refundable. Please make cheque payable to the Kingston Symphony Association.

8KM RACE - STARTS AT 10:30 A.M. (timed)		4KM FUN RUN/WALK - STARTS AT 10:30 A.M. (not timed)	
Early Bird Entry* \$40.00 <input type="checkbox"/>	Regular Entry \$45.00 <input type="checkbox"/>	Early Bird Entry* \$30.00 <input type="checkbox"/>	Regular Entry \$35.00 <input type="checkbox"/>
KRRA Early Bird* \$35.00 <input type="checkbox"/>	KRRA Regular \$40.00 <input type="checkbox"/>	KRRA Early Bird* \$25.00 <input type="checkbox"/>	KRRA Regular \$30.00 <input type="checkbox"/>
Tech t-shirt size** (circle one): XS S M L XL	Tech t-shirt fit (circle one): MALE FEMALE	Cotton t-shirt size** (circle one): Unisex fit XS S M L XL	
8km Team Name (minimum 2 males and 2 females):		KRRA = Kingston Road Runners Association	

PURCHASE ADDITIONAL TECH T-SHIRTS FOR \$20 EACH (write quantity in box beside appropriate fit/size)

Tech t-shirt fit/size**:	MALE XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/>	FEMALE XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/>
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TRAINING PROGRAM - Runners' Choice has an nine week program customized to help aspiring runners to achieve the goal of beating Beethoven in the 8 km run or 4 km fun run/walk. Program cost is \$80. Please check box if you wish to participate.

KIDS 1KM RACE - STARTS AT 9:45 A.M. (not timed)

Kids Race Entry (10 years old and under) **\$10.00** **Please note that a t-shirt is NOT included with the kids race registration. You can purchase a youth size tech shirt for \$15 by filling out the chart below.**

PURCHASE ADDITIONAL YOUTH TECH T-SHIRTS FOR \$15 EACH (write quantity in box beside appropriate size)

Youth tech t-shirt size*: **XS** **S** **M** **L** **XL**

*Early Bird Entry ends March 15, 2020. **T-shirts only guaranteed to 8 km & 4 km entrants registered by May 15, 2020.

WAIVER & RELEASE

In consideration of acceptance of this entry or the entry of my child or ward, I hereby for myself, my executors, administrators and assigns, waive and release the Corporation of the City of Kingston, the Kingston Symphony Association, all Beat Beethoven organizers, sponsors, their representatives, agents and employees, and any other parties assisting in this event from and against any kind of actions, claims and costs with respect to death, injury, loss or damage occurring prior to, during or subsequent to the event, to my person or property however caused and not withstanding that the same may have been contributed to or occasioned by the negligence of any of the aforesaid. By submitting this entry, and signing below, I acknowledge having read, understood and agreed to the above release waiver and indemnity. I warrant that I am physically fit to participate in this event. As a participant in this event, I will run/walk only on the sidewalks and obey all traffic signals and regulations under the Highway Traffic Act.

Signature: _____ Date: _____ Parent/Guardian (if under 18): _____